



7th BI - ANNUAL WADO TRAINING WEEK PROGRAM



- **Thursday, February 15th** – 6:00pm to 9:00pm
Adults and advanced students: Senior Training -
Guide on a students journey to Black Belt and
Black Belt syllabus trial.
- **Friday, February 16th** – 6:00pm to 8pm All Students:
Karate Techniques and their applications. 8pm to
9pm Adults
- **Saturday, February 17th** - 9am to 4pm Karate
Retreat
 - Street Self defense
 - Fighting Techniques
 - Kata training, how to use them
 - Black belt course preparing students for their
Black Belts
 - Kata Tournament
- **Sunday, February 18th** – 9:00am to 12:00pm Black
Belt Training
- **Tuesday, February 20th** - Fighting techniques, to
implement new strategies and tactics into your
existing curriculum.
- **Wednesday, February 21st** – Adults and Young
Adults - Katas explained and how to use them in
kata tournaments.
- **Thursday, February 22nd** - Black Belt Exams.

COST: \$30



**COLIN CLAPPERTON
8TH DAN WADO KAI
SENIOR INSTRUCTOR
FOR EUROPE & USA**

1. 6 evenings of training with Sensei Clapperton
2. Participation in the Kata Tournament for every candidate from White Belt to Black Belt.
3. A whole day Retreat Camp at Karate Center.
4. Lunch provided.
5. Two Stamps in your Black Record Book for course and tournament participation towards your black belt exam requirements
6. Most of all fun.

BOOT CAMP - Date & Time: February 17th, 2018 at 9:00am to 4:00pm
Venue: Karate Center, 7000 Charleston Shores Blvd, Lake Worth, FL 33467